



## **Easter Retreat Schedule**

### **Thursday, April 14**

4:30pm onward: Registration

5:00 - 6:00pm: Sadhana in Chapel

6:30 - 7:30pm: Dinner on your own

7:30pm: Welcome, Maundy Thursday Presentation and Orientation

### **Good Friday, April 15**

6:00am: Wake Up

6:30 - 8:30am: Morning Sadhana in Chapel

8:45 - 9:15am: Breakfast

9:30 - 12:00pm: Class: *From Crucifixion to Resurrection: The Soul's Journey to Self-Realization*

12:00 - 12:30pm: Meditation in Chapel

12:30 - 1:00pm: Outdoor labyrinth (Stations of the Cross)

1:00 - 1:30pm: Lunch (In Silence)

1:30 - 4:15pm: Free Afternoon in Silence

4:15 - 5:30pm: Evening Sadhana

5:45 - 6:45pm: Dinner

7:00 - 8:30pm: Kirtan followed by Bonfire Fire Ceremony

### **Saturday, April 16**

6:00am: Wake Up

6:30 - 9:00am: Longer Morning Sadhana

9:00 - 9:30am: Breakfast

9:45 - 12:00pm: Class: *Sharing the Light: How to Live as an Instrument of Christ in Daily Life*

12:00 - 12:30: Meditation

12:45 - 1:30pm: Lunch

2:00 - 3:30pm: Sharing Nature Exercise

3:30- 4:30pm Free Time

4:30 - 6:00pm: Evening Sadhana

6:15 - 7:00pm: Dinner

7:00pm: Oratorio

### **Easter Sunday, April 17**

6:00am: wake up

6:30 - 8:30am: Easter Sunrise Meditation ( 6:55am)  
with Purification

9:00 - 9:30am: Breakfast

10am - 11:30am: Sunday Service + Online

12:00 - 2:00pm: Banquet/Egg Hunts/etc

2:00pm: Good Byes and then Clean up!